

CATAMARAN JOURNEY



7 DAYS 3 POLYNESIAN ATOLLS

2027 TRAVEL ITINERARIES

ITINERARY A *Fakarava - Toau - Rangiroa*

7 days / 6 nights - Freediving & snorkeling - Island discovery

Breakfast 7 am | Lunch 12 pm | Aperitif 6 pm | Dinner 7 pm

DAY 1

Arrival in North Fakarava

Afternoon: Welcome briefing and boarding at 3:30 pm.

DAY 2

Rotoava and the first immersion

Morning: Visit Rotoava village, followed by a freediving session.

Afternoon: Sail four hours across the lagoon towards the southern pass, then swim at sunset.

DAY 3

Freediving and pink sand

Morning: A three-hour freediving session focused on theory, relaxation and equalization techniques.

Afternoon: Explore Tetamanu village and its pink-sand beaches.

DAY 4

Sailing towards Pufana

Morning: Four hours under sail across the atoll towards Pufana.

Afternoon: A freediving session exploring Pufana's reef ecosystems.

DAY 5

Toau and the coral gardens

Morning: Open-ocean sailing to Toau, arriving at Anse Amyot around midday.

Afternoon: Explore Toau's colorful coral gardens.

ITINERARY A *Fakarava - Toau - Rangiroa*

7 days / 6 nights - Freediving & snorkeling - Island discovery

Breakfast 7 am | Lunch 12 pm | Aperitif 6 pm | Dinner 7 pm

DAY 6

Outer reef and crossing to Rangiroa

Morning: Freedive on the outer reef.

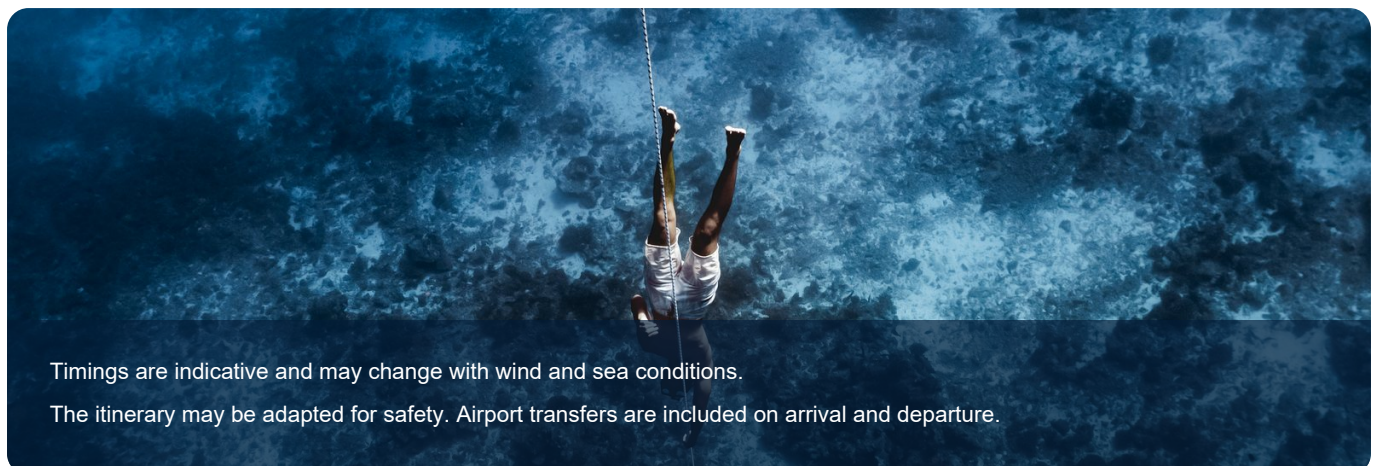
Afternoon: Lunch with local residents Gaston and Valentine, then leave at sunset for an overnight crossing to Rangiroa.

DAY 7

Tiputa Pass and departure

Morning: Explore Tiputa Pass and the surrounding lagoon.

Afternoon: A final village visit, then taxi transfer to the airport at 1:30 pm.



Timings are indicative and may change with wind and sea conditions.

The itinerary may be adapted for safety. Airport transfers are included on arrival and departure.

ITINERARY B *Rangiroa - Makatea - Tikehau*

7 days / 6 nights - Freediving & snorkeling - Island discovery

Breakfast 7 am | Lunch 12 pm | Aperitif 6 pm | Dinner 7 pm

DAY 1

Arrival in Rangiroa

Afternoon: Welcome briefing and boarding at 3:30 pm.

DAY 2

First immersion and sunset departure

Morning: Freedive at Tiputa's coral gardens or the Green Lagoon.
Afternoon: Walk along the reef beside Tiputa Pass, then sail towards Makatea at sunset.

DAY 3

Via ferrata and underwater caves

Morning: Via ferrata, climbing and a traditional Polynesian lunch.
Afternoon: A guided island tour and exploration of the underwater caves.

DAY 4

Sailing towards Tikehau

Morning: A two-hour freediving session focused on theory, relaxation and equalization.
Afternoon: A seven-hour open-ocean crossing to Tikehau, arriving at sunset.

DAY 5

Traditional fishing village

Morning: Freedive in Tikehau Pass.
Afternoon: Visit a traditional fishing village or join a guided walk on a motu.

ITINERARY B *Rangiroa - Makatea - Tikehau*

7 days / 6 nights - Freediving & snorkeling - Island discovery

Breakfast 7 am | Lunch 12 pm | Aperitif 6 pm | Dinner 7 pm

DAY 6

Tikehau's turquoise lagoon

Morning: Immerse in Tikehau Pass.

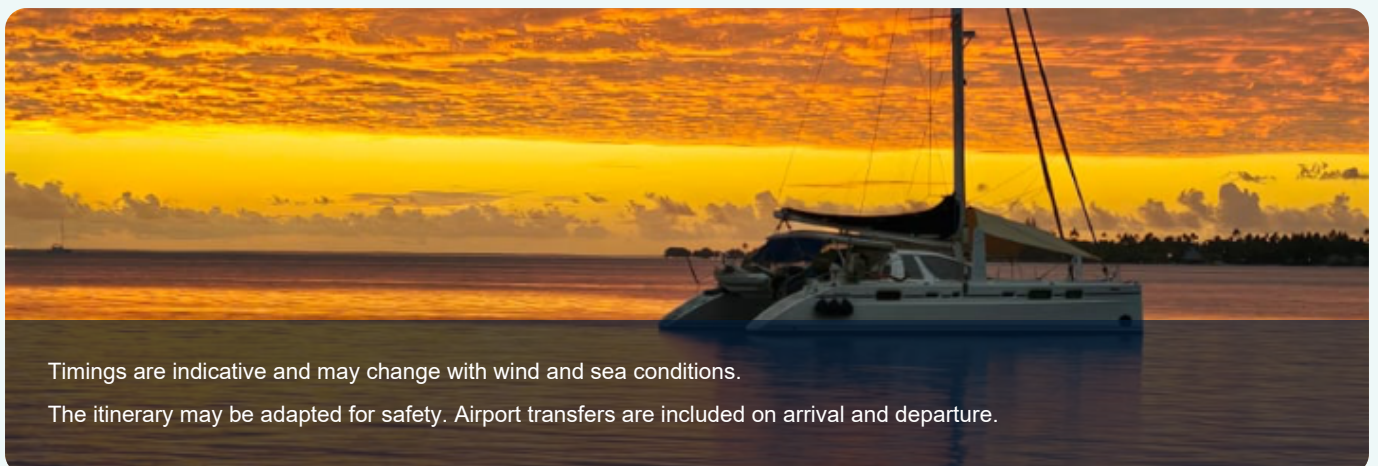
Afternoon: Sail to Motu Manta for a swim in the blue lagoon.

DAY 7

Manta rays and departure

Morning: Explore the manta-ray site early in the day.

Afternoon: Sail to the village, disembark at 1:30 pm and transfer to the airport.



Timings are indicative and may change with wind and sea conditions.

The itinerary may be adapted for safety. Airport transfers are included on arrival and departure.